Hawkesbury Helping Resources
CREATED TO ENSURE YOU CAN GET HELP WITH JUST ONE PHONE CALL

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>FaCS Child Protection Helpline (24hr)</td>
<td>132 111</td>
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<tr>
<td>Mental Health Access Team</td>
<td>1800 011511</td>
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<tr>
<td>Nepean Hospital Detox</td>
<td>4734 1333</td>
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<tr>
<td>NSW Domestic Violence Line</td>
<td>1800 656 463</td>
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<td>Mens Line Australia (24hr)</td>
<td>1300 789 978</td>
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<tr>
<td>Alcohol Drug Info Service</td>
<td>1800 422 599</td>
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<tr>
<td>Department of Human Services (Windsor)</td>
<td>132 850</td>
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FREE MEALS
- Hawkesbury Community Kitchen 4577 5203
  38A Macquarie St Windsor Mon, Tues, Thurs & Fri 10am-1pm
  Mon-Fri 8pm-7pm
- Hawkesbury Helping Hands (Windsor) 0416 956 263
  Lunch Wed & Dinners Sat & Sun
- The Living Room (Richmond) 4578 8007
  Wed & Thurs 10-2pm East Market St behind the barber

FOOD PARCELS AND VOUCHERS
- Hawkesbury City Salvation Army 1300371288
- Hawkesbury Community Services 4587 8091
- St Vincent De Paul (Windsor) 4577 4880
- Hawkesbury Helping Hands 0416 956 263
- Women's Cottage Richmond (Women only) 4578 4190
- Christ Mission Possible 1300HELP2U

OTHER SERVICES
- ONE80TC Rehab (Men & Women) 1800 679 657
- PLATFORM Youth Services 47 600 800
- Wentworth Community Housing 4777 8000
- San Miguel - yourtown (Families) 4579 6622
- HDHS SJOG Counselling services, Drug & Alcohol, Cannabis clinic/smoking cessation 4560 5714
- Hawkesbury Community Services 4587 8091
- StreetMed Homelessness Support Team 0417269475
- Western Sydney Tenant’s Service 8833 0933

Partner Organisations:
Platform Youth Services
Wentworth Community Housing
Hawkesbury Community Services
ST JOHN OF GOD Health Care
Hawkesbury District Health Service
MISSION AUSTRALIA together we stand

An initiative of the Hawkesbury Housing Forum and Hawkesbury City Council