

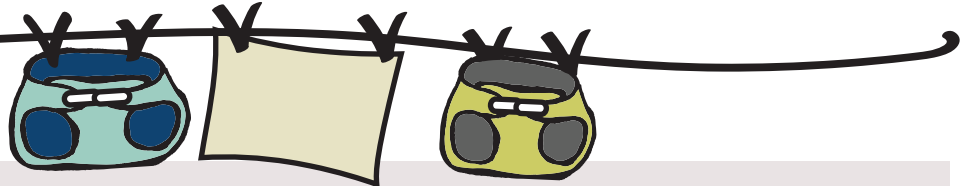
CLOTH NAPPY FAQs

6000
disposable nappies
VS
24
cloth nappies

Each baby has around 6000 nappy changes.

That's either a lot of disposables stinking up your bin and sitting in landfill (taking up to 500 years to decompose) or 24 cloth nappies that you wash and reuse.

Cloth nappies are better for the environment, save you money and are easier than ever to use.



"What do I need?"

- ★ Cloth nappies (24 for full time use)
- ★ Wetbags for going out and about
- ★ Cloth wipes
- ★ A washing machine
- ★ A clothesline or somewhere to dry nappies

"Will I save money?"
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YES! A simple savings comparison is:

6000 mid range disposables at 30c each
total = \$1800

VS

24 new mid range modern cloth nappies = \$450 + cost of laundering (detergent, electricity, water) at \$300 for 3 years
total = \$750

Save more by:

- ★ Buying secondhand
- ★ Using on more than 1 baby

"Is it GROSS?"

News flash! You still have to deal with poop even when using disposables. Yes, there is washing nappies involved but cloth nappies are superior at containing 'poo-plosions' and that is a win for everyone.

- ★ TIP - Washable liners and nappy sprayers can make cleaning nappies easier.

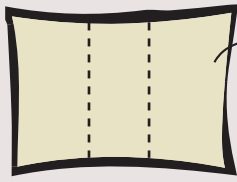
"Sounds like a lot of work?"

The extra workload is 2 to 3 loads of washing per week.

Day to day, using cloth nappies isn't too different to using disposables.

- ★ BONUS- you never have to duck to the shops when you run out of nappies!

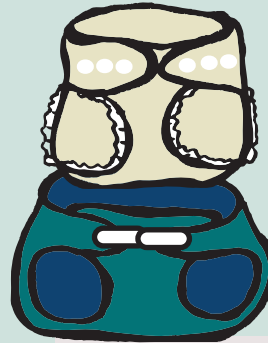
CLOTH NAPPY STYLES



Flats or prefolds + waterproof covers



Fitted nappy + waterproof covers



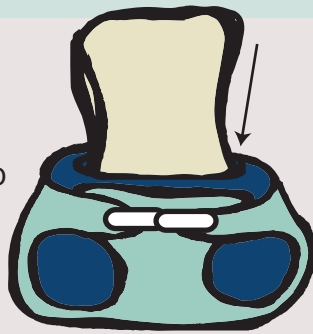
All-in-one Nappy (Ai1)
Absorbency sewn into the waterproof cover



All-in-two Nappy (Ai2)
Absorbency snaps in and out of the waterproof cover



Pocket Nappy (Ai2)
Absorbency stuffed into the waterproof cover



“What do all those acronyms mean?”

MCN - Modern Cloth Nappy
OSFM - One Size Fits Most
Ai1 - All-in-One Nappy
Ai2 - All-in-Two Nappy
PUL - Polyurethane Laminate
(waterproof fabric)

“Where can I get
HELP?”

Having trouble with leaking nappies? Want advice?

Parents and carers in Greater Western Sydney can get personalised cloth nappy help! Contact Alice on info@nappylane.com.au to book an appointment (valid until 12/12 2021)

Other resources are: Advocacy and advice - www.australiannappyassociation.com.au
Hints and tips - www.clothnappyhelp.com.au | Laundry help - www.cleanclothnappies.com.au

This project is a NSW Environment Protection Authority, Waste Less, Recycle More initiative, funded from the waste levy.

